

Salina



August 10—11, 2018

2018 SALINA SENIOR GAMES SCHEDULE

EARLY BIRD REGISTRATION:

FRIDAY, July 27, 2018 by 5pm (\$25)

REGULAR DEADLINE:

FRIDAY, August 3, 2018

<i>DATE</i>	<i>TIME</i>	<i>EVENT</i>	<i>LOCATION</i>	<i>COORDINATOR</i>
Friday, August 10	7:00 am - 12:00 pm	Athlete Check-In	Salina Fieldhouse 140 N. 5th Street	Recreation Staff
	8:00 am	Swimming	Kenwood Cove 701 Kenwood Park Dr.	Jeff Hammond
	8:00 am	Golf	Municipal Golf Course 2500 E. Crawford	Mike Hargrave
	8:00 am	Horseshoes	Sunset Park 700 Sunset Dr.	Phil Reed
	9:00 am	Cycling	First Covenant Church 2625 E Magnolia Rd.	Shawn Jones
	10:00 - 5:00 pm	Pickleball	Salina Fieldhouse	Recreation Staff
	2:00 pm	Basketball 3 pt. Shot/Free Throw Football/Softball Throw	Salina Fieldhouse 140 N. 5th Street	Recreation Staff
11:00 am - 2:00 pm	Sandwich Buffet	Salina Fieldhouse 140 N. 5th Street	Recreation Staff	
Saturday, August 11	7:00 - 8:00 am	Athlete Check-In	Salina Central H.S. 650 E. Crawford St.	Recreation Staff
	8:30 am	Field Events		
	10:00 am	Track Events		
	8:30 am	Player Check-in	Salina W. Education Ctr. 501 West Cloud	Pete Smuckers
	9:00 am	Table Tennis		Wayne Zachary

Track and Field Order of Events:

Field Events:

8:30 a.m.

High Jump (Men/Women)

Triple Jump (Men/Women)

Long Jump (Women/Men)

Standing Long Jump

(Women/Men)

Pole Vault (Men/Women)

9:15a.m.

Javelin (Men/Women)

Discus (Men/Women)

Shot Put (Women/Men)

Running Events:

10:00 a.m. Rolling Schedule

All running events will start with women first followed by men.

100 M Dash

1500 M Run

50 M Dash

200 M Dash

800 M Run

1500 M Race Walk

400 M Dash

QUALITY INN & SUITES

2110 W. Crawford • I-135 & W. Crawford Exit 92

Salina, KS 67401 • (785) 825-2111

Please call directly for our \$72.00 rate (per night, excluding taxes).

Includes Hot Express Breakfast • These rates are good August 10 & 11

Reservations must be made by August 1, 2018 to guarantee this rate.

GENERAL INFORMATION

August 10-11, 2018 | Salina, KS

IN THE INTEREST OF GOOD HEALTH ALL SENIOR GAME EVENTS ARE SMOKE FREE

ATHLETE CHECK-IN:

All athletes will be required to check in prior to competing in the Salina Senior Games. Check-in will be at the Salina Fieldhouse, 140 N. 5th Street. Athletes may pick up their welcome bags at check-in. Please refer to schedule for times.

WHO IS QUALIFIED TO PARTICIPATE:

Anyone 50 years of age on or before December 31, 2018.

AGE FOR COMPETITION:

Competition is divided by gender groups. Age categories for men & women are: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+.

REGISTRATION:

Early entry fee is \$25.00 and **MUST** be postmarked by Friday, July 27, 2018. Regular entry fee is \$30.00 and **MUST** be postmarked by Friday, August 3, 2018, may be mailed to P.O. Box 736 Salina, KS. 67402-0736 faxed to (785)309-5769, or hand delivered to the Salina Parks & Recreation office at 300 W. Ash, room 100.

Please note: YOU WILL NOT BE ALLOWED TO COMPETE until the liability waiver in the enclosed entry form has been signed! Entries sent without appropriate signature and entry fees will be returned.

ADDITIONAL FEES:

Golf: Green & cart fees (\$30.50) must be paid at the venue the day of the event. You may use your own motorized golf cart with an additional trail fee (\$8.50).

KSO DEFINITION OF 'PROFESSIONAL':

Professional athletes are not eligible to compete in the Salina Senior Games in the sport in which they are professionals until 20 years after the date they last competed as professionals. A professional is an individual who competes in a sport for money as a primary source of personal revenue. Persons who compete in a sport in which minor amounts of money are given as prizes are not deemed professionals.

Mail, Fax or Deliver your completed entry form with payment to:

Salina Senior Games 2018
Salina Parks and Recreation Department
PO Box 736 (if mailed)
300 W. Ash, Rm 100
Salina, KS 67401

Phone: (785) 309-5765
Fax: (785) 309-5769

NO PARTNERS WILL BE ASSIGNED. Athletes may compete with only one partner per sporting event.

DOUBLES/ MIXED DOUBLES: Doubles refers to 2 persons of the same gender, Mixed doubles refers to a man and a woman, The age of the youngest participant will determine the age bracket for both the double and mixed doubles events. ***A partner's name MUST be indicated on the entry form.***

AWARDS:

Medals will be awarded for 1st, 2nd, & 3rd places in each event for each age group for both men & women. All awards will be presented at the venue upon completion of the event. All awards must be picked up on site. ***A partner's name MUST be indicated on the entry form.***

VENUES:

Venues for SSG are spread across the city. Be sure to allow sufficient travel time. Competitions WILL NOT be delayed if you have not arrived. ***If you are not at the venue at the correct time, you forfeit. Conflicts in scheduling of events are the responsibility of the athlete!***

CANCELLATION OF EVENTS:

THE SSG STAFF RESERVES THE RIGHT TO CANCEL ANY EVENT WITH INSUFFICIENT ENTRIES AT THE ENTRY DEADLINE. CANCELLATION OF OUTDOOR EVENTS MAY BE REQUIRED DUE TO INCLEMENT WEATHER.

REFUND POLICY:

Entry refunds requested in writing to the SSG in Salina will be granted through August 8, 2018. There will be a \$5 processing fee charged for each refund granted. ***THERE WILL BE NO REFUNDS GRANTED FOR ANY REASON AFTER August 8, 2018.***

SSG NOT RESPONSIBLE FOR INJURIES TO PARTICIPANTS:

The City of Salina is, by law, not responsible for medical conditions or injuries that a participant might incur while on property intended or permitted for recreational purposes. Participants are financially responsible for all care that might be necessitated by reason of participating in any City recreation program.



GENERAL SPORT INFORMATION

Expanded rules will be available at the venues or upon request.

BASKETBALL : Free Throw & 3 Point Shot

Soft soled athletic shoes must be worn. Free throw shots are made from the standard 15 foot line. Men 70+ and women 60+ will shoot from 11 feet. 3 point shots may be made from anywhere behind the standard 3 point (19'9") line. Each player will shoot a total of 20 throws (2 rounds of 10) for each event. Ties will be broken by each player attempting an additional 10 throws.

GOLF: 18 Hole Scratch

Golfers are required to furnish their own clubs. The use of golf carts during competition is mandatory. Green fees and cart fees must be paid at the venue the day of the event (\$30.50). You may furnish your own cart with an additional trail fee (\$8.50).

PICKLEBALL:

Singles, Doubles, & Mixed Doubles
Players should provide their own paddles, (a few loaners will be available). Balls will be provided. A match is the best of 3 games. A game is to 11 points.

HORSESHOES:

Singles (40 shoes total count)
Competitors are required to furnish their own horseshoes.

CYCLING: 5k Timed Trail & 10k Timed Trial

All cyclist must provide their own bicycle & helmet. All bicycles must be certified by the race official prior to the competition. Cyclist will start at equal intervals at one minute or less. The 5k time trial will follow the 10k time trial.

TABLE TENNIS: Singles, Doubles, Mixed Doubles, and Draw doubles

Players must provide their own paddles (sandpaper paddles are not allowed). Balls will be provided. Orange shirts, jackets, or shorts are not permitted. Play shall consist of a five-game match. The winner shall be the player to win 3 games. A game is won by the first player to score 11 points unless both players have scored 10 points. In that situation, the serve changes each point and the winner is the first player to score a 2 point lead. Sequence of play to be singles, doubles, mixed doubles, and draw doubles with

RACEWALK: 1500M

Athletes must wear clothing that will not impede the view of the judges. Athletes must use proper race walking techniques or risk being disqualified.

SWIMMING:

Swimmers must provide their own swimming equipment. All swimming events will be timed finals. The butterfly turns must be done with both hands touching simultaneously. The free style require some part of the body to touch the wall.

Free Style	50, 100 yards
Free Style (Relay)	200 yards
Individual Medely	100, 200 yards 4 strokes

TRACK & FIELD:

No needle spikes will be allowed for field events. Quarter inch spikes will be allowed and must be furnished by the athlete. The 50, 100, 200, 400, 800, & 1500 meter events will be timed finals. Field events may run simultaneously with track events.

Men 50-59

1.5kg Discus 700g Javelin 6 kg Shot

Men 60-69

1.0kg Discus 600g Javelin 5 kg Shot

Men 70-79

1.0kg Discus 500g Javelin 4 kg Shot

Men 80 +

1.0kg Discus 400g Javelin 3 kg Shot

Women 50-59

1.0kg Discus 500g Javelin 3 kg Shot

Women 60-74

1.0kg Discus 400g Javelin 3 kg Shot

Women 75+

.75kg Discus 400g Javelin 2 kg Shot

FOOTBALL : Accuracy & Distance

Men will throw a mid-size. Women will throw a Jr. League football. Balls are provided.

***Accuracy:** Five consecutive throws will be made by each contestant from the following distances:
Men: 8 and 12 yards; Women: 7 and 10 yards.

***Distance:** Three consecutive throws for distance. Standing or running throws, overhand or underhand throws may be used.

SOFTBALL: Accuracy & Distance

Both men & women throw a standard 12 inch softball. Balls will be provided.

***Accuracy:** Uses same target & same scoring formats for football accuracy. Distances are: Men – 8 and 12 yards; Women – 7 and 10 yards.

***Distance:** Uses same throwing & scoring format as for football distance throw.



A Special Thank You to the
SALINA SENIOR GAMES

2018 SPONSORS:

Capitol Federal Savings
Salina Regional Health Center
Bennington State Bank
Salina Media Group
USD # 305
Solomon State Bank
Salina Horseshoe Club
Salina Table Tennis Club
Brookdale Senior Living
Sunflower State Games



LIABILITY WAIVER

(This MUST be signed and returned to compete/volunteer in the SSG)

MANDATORY WAIVER: In consideration of being allowed to participate in, or assisting others in participating in the Salina Senior Games athletic program, its related events & activities, the undersigned acknowledge, appreciate, & agree that: 1. The risk of injury involved in this program is significant, including the potential for permanent paralysis & death, and while particular skills, equipment, & personal discipline may reduce this risk, the risk of serious injury does exist; and, 2. I KNOWINGLY & FREELY ASSUME ALL SUCH RISKS, both known & unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, & assume full responsibility for my participation; and, 3. I willingly agree to comply with the stated & customary terms & conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation & bring such to the attention of the nearest official immediately; and, 4. I hereby consent to allow my picture and/or voice or likeness to appear in any official documentary, promotional, exclusive television, radio or film coverage of the Salina Senior Games in any manner incidental to my participation in the Salina Senior Games and without compensation to me and, 5. I, for myself, and on behalf of my heirs, assigns personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS the Salina Senior Games, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event (“releases”), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE. I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

FOR PARTICIPANT OF MINOR AGE (under 18) This is to certify that I, as parent/guardian with legal responsibility for this participant/volunteer, do consent and agree to his/her release as provided about of all the Releases, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releases from any and all liabilities incident to my minor child’s involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

SIGN HERE TO PARTICIPATE

Participant/guardian signature

(name of minor if applicable)

date

By affixing my signature hereto, I attest that I am physically fit and have trained sufficiently for the activities in which I intend to participate and the events I have chosen to enter. The City of Salina, the Department of Parks & Recreation, and its employees, and authorized representatives have permission to obtain immediate medical care and I consent to hospitalization, the performance of necessary diagnostic tests, the use of surgery, and/or the administration of drugs in an emergency. I understand that I am responsible for payment of medical expenses.

Name of Insurance Policy: _____

Physician’s Name: _____ Physician’s Ph #: _____

Emergency Contact Person: _____ Relationship: _____

Emergency Contact’s Address: _____

Emergency Contact’s Ph #: _____ Work Ph #: _____

2018 SALINA SENIOR GAMES

In the interest of good health, all SSG events are smoke free!!

OFFICIAL ENTRY FORM

Last Name _____ First Name _____ MI _____ Male Female
Birth Date ____/____/____ Age on Dec. 31, 2018 _____ (Free) T-Shirt Size _____
Address _____ City _____ State _____ Zip _____
Home Phone _____ Work # _____ Cell # _____ E-mail _____

EVENTS

BASKETBALL

- 3 Point Shot
- Free Throw

FOOTBALL THROW

- Accuracy
- Distance

SOFTBALL THROW

- Accuracy
- Distance

GOLF (Additional fee at venue)

- 18 Hole Scratch

HORSESHOES

- Singles

RACEWALK

- 1500M

PICKLEBALL

- Singles
- Doubles Partner _____
- Mixed Doubles Partner _____

CYCLING

- 5k Timed Trial
- 10k Timed Trial

SWIMMING (circle the event)

- Free Style 50 100 yards
- Free Style Relay 200 yards
- Individual Medely 100 200 yards

TABLE TENNIS

- Singles
- Doubles Partner _____
- Mixed Doubles Partner _____
- Draw Doubles

YOU MAY CHOOSE FIVE TRACK AND/OR FIELD EVENTS

Please list them here:

Event #1 _____

Event #4 _____

Event #2 _____

Event #5 _____

Event #3 _____

TRACK EVENTS

50 M 400 M
100 M 800 M
200 M 1500 M

FIELD EVENTS

High Jump Shot Put
Javelin Discus
Long Jump Standing Long Jump
Triple Jump Pole Vault

REGISTRATION FEES

\$ _____ EARLY ENTRY FEE (\$25 if postmarked by Fri., July 27, 2018)

\$ _____ REGULAR ENTRY FEE (\$30 MUST be postmarked by Fri., August 3, 2018)

\$ _____ SANDWICH BUFFET FRIDAY 11 AM—2 PM

_____ Athlete _____ Guest (\$8 per person) _____ # of guests

\$ _____ I would like to support the Salina Senior Games with a donation.

\$ _____ TOTAL AMOUNT
MAKE CHECKS PAYABLE TO: CITY OF SALINA

Do you want your results printed in your hometown paper? _____

Name of paper: _____

Address: _____

E-mail address only: _____

PLEASE BE SURE TO:

Include all pages of this entry form.

COMPLETELY FILL OUT, SIGN, AND RETURN THE LIABILITY WAIVER AND MEDIA RELEASE!

Fill out the sandwich and salad lunch registration form if you plan to attend.

ADVANCE RESERVATIONS ARE REQUIRED!

Include your signed check or money order.

SIGN BELOW.

I certify that I have read and am familiar with the rules, regulations, and format of my sport (s) and have read the general information section contained in this entry packet. I have completely filled out and signed the liability release and have provided the name of an emergency contact person. I am willing to provide proof of age if so requested at any time during the Salina Senior Games.

PARTICIPANT'S SIGNATURE _____

***NO ATHLETES PERMITTED TO COMPETE WITHOUT SIGNED LIABILITY WAIVER!!**