

**APRIL**

**2016**



SALINA PARKS & RECREATION  
THERAPEUTIC RECREATION PROGRAM

# NEWS & VIEWS

**Art Class**  
See note below  
Fri., April 1

\*NOTICE\* For March and April we are doing a 2-part craft, making washer necklaces. In March we painted them. Since they need time to dry/cure we are continuing the craft in April, when we will string them and turn them into necklaces. You MUST have attended in March in order to attend the class in April!! You do not need to register for this class for April. Pick-ups start at 2:00 pm and the class runs from 3:00-4:00 pm at Carver Center.

**The Temptations in Concert**  
Sat., April 3

Pick-ups will begin at 4:00 pm. We will depart Salina at 5:00 pm. Please bring money for your supper!! We will stop somewhere in Hutchinson before the concert to eat. The concert begins at 7:30 pm. Our arrival back in Salina will be approximately 11:00 pm, and drop-offs will follow.

**Healthy Cooking Accessible**  
**\$8/\$13 Limit 8**  
Fri., April 8

Mostly reserved for participants with mobility issues, this class will be held from 3:00-4:30 pm in the K-State Extension Kitchen at the city/county building, 300 W. Ash St., room 109. Participants will help

prepare a dish to take home, and help clean up after the lesson. This month's recipe will be cheesy baked apple tarts. You may only attend one cooking class to give everyone a chance to attend.

**Bowling I & II**  
**\$7/\$12 per session**  
Wed., April 6 & 20

You may bowl two games each week. Cost includes shoe rental. Please bring money if you wish to purchase food or drinks. Pick-ups begin at 2:00 pm and bowling is from 3:00-4:00 pm at All Star Lanes.

**So You Think You Can Dance?**  
**\$8/\$16**  
Mon., April 11 & 25

Do you love music? Do you like to dance? Need a little exercise? Let Morgan & Megan teach you some fun dance moves! Pick-ups start at 4:30 and the class runs from 5:30-6:30 pm at Friendship Center.

**Mileage Club**  
**\$5/\$13**  
Wed., April 13 & 27

Mileage Club participants receive "Toe Tokens" for each mile walked plus additional incentives for goals reached. This month we will walk at Bill Burke Park. In case of inclement weather we will walk at the mall. Pick-ups begin at 2:00 pm and we will walk from 3:00-4:00 pm.

**Music Therapy**  
**\$5/\$10**  
Thurs., April 14

It's music and dancing and instruments, and more!! Come and join us as Debbie Temple leads this fun class! Pick-ups begin at 2:00 pm and this class is from 3:00-4:00 pm at Carver Center.

**Afternoon Movie**  
**\$10/\$15**  
**\$20/25 w/snack included**  
Mon., April 18

Join us for a movie at the AMC theaters in the mall. Pick-ups begin at 2:45 pm. When we get to the mall, you'll choose a movie to watch. **\*\*We are now offering the option of pre-paying for your snack when you enroll. This will eliminate the necessity of you bringing extra money to the theatre. However, you may still sign up as usual and purchase your own snacks at the theatre if you prefer.**

**Cooking Class Non-Accessible**  
**\$8/\$13 Limit 8**  
Fri., April 22

Join us at the Salina Emergency Food Bank for a cooking lesson from 3:00-4:00 pm. Participants will help prepare a dish to take home, and help clean up after the lesson. Pick-ups begin at 2:00 pm. You may only attend one cooking class to give everyone a chance to attend.



### How to contact us

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