



ADULT 7v7 SOCCER RULES & REGULATIONS

All rules & interpretations will be covered under FIFA with the following emphasis and exceptions listed below. The Athletic Supervisor set the rules and reserves the right to interpret the rules in the best interest of the Salina Parks & Recreation's Adult Soccer League.

1. **TEAM ELIGIBILITY:** Teams inside and outside the City of Salina are welcome to participate in Salina Parks & Recreation leagues.
2. **PLAYER ELIGIBILITY:** Participants must be 16 years old to play. Any person declared ineligible for age purposes will be ineligible for the remainder of the season and the following year.
3. **TEAM ROSTERS:** All team managers shall file a roster listing the players' first and last names, address & phone number. The roster must be submitted to the Recreation Office by the entry deadline. All roster changes must be done through the Recreation Office.
 - a) **Player Restrictions:** A player may play on more than one (1) team. However, that player will not be allowed to play on more than one team in the same league. All players must be listed on the official roster of each team. No player will be allowed to return to a team once his name has been removed from the roster. (A season begins with the first game in which a person plays).
 - b) **Minimum Players:** Teams must carry a minimum of 10 players on their roster.
 - c) **Maximum Players:** Teams may carry a maximum of 12 players on their roster. More than 12 players must be approved by Athletic Supervisor.
 - d) **Adding Players:** Names may be removed or added at no charge to the official roster in the Recreation office before that player can participate. No changes can be made to the roster after the half way point of the season.
 - e) **Transferring Players:** Transfers from one team to another in the same league will not be permitted.
 - f) **Ineligible Players:** Any team playing a player who is ineligible in any way will forfeit all games in which that player participated.
4. **GAME SCHEDULES:** Once a game is scheduled, it will be played according to the date, time and place listed. No postponements or changes in the schedule will be allowed unless made by the Athletic Supervisor due to facility availability or inclement weather.
5. **EQUIPMENT:**
 - a) **Uniforms:** Teams will supply their own shirts uniformly lettered with numbers on the back and all of the same color.
 - b) **Jewelry:** Exposed jewelry (necklaces, watches, bracelets, earrings, etc), must be removed and may not be worn during the game. Medical alert or religious medals are not considered jewelry and must be taped.
 - c) **Shoes:** Shoes must be worn. Shoes with metal cleats and/or toe cleats are not allowed.
 - d) **Shin Guards:** Shin guards are required.
 - e) **Soccer Balls:** Salina Parks and Recreation will provide #5 sized game balls and corner flags.
 - f) **Field:** The dimensions of the field will be approximately 70 yards long and approximately 50 yards wide. Goalie boxes will be 12 x 12 yards. Center circle will be approximately 7 yards in diameter.

6. **GAME TIME:**

- a) **Minimum Players:** Teams failing to field (5) five players at the scheduled starting time will forfeit. If a team has at least seven (5) players present at game time, the game must be started on schedule. Under no circumstances, shall a team forfeit a game for failing to finish the game with the same number of players they started with.
- b) **Forfeited Games:** The time reserved for forfeited games belongs to those who showed. They may use the field for practice or for a "pick up" game. If requested, officials shall work such a game and shall call the game 10 minutes before the starting time of the following game.
- c) **Inclement Weather Games:** Games canceled will be rescheduled as fields and schedules permit.
- d) **Regulation Games:** Games that are not considered regulation or regulation tie games shall be replayed from the beginning.

7. **GAME LENGTH:**

- a) **Time:** The game will consist of two (2) twenty-minute halves. Five minute break in between.
- b) **Ties:** League games may end in a tie. Bracket or playoff games will utilize the 5 kick shootout format:
 - i. 5 kicks alternating by each team
 - ii. If still tied, same player rotation will be used until one team has scored a goal more than the other team from the same number of kicks.

8. **PRE-GAME WARM-UPS:** Teams must be ready to play at game time. Warm-up time shall be granted if time allows and by the official's discretion. No warm ups in the goalie boxes.

9. **GAME OFFICIALS:** There shall be two officials assigned to each game. Teams are encouraged to play fair and to abide by the rules. Officials may ask for assistance on out of bounds calls if working solo. Game officials have the final say on calls. Yellow and Red cards are in effect.

10. **PLAYING RULES:**

- a) **7 v. 7:** Teams will play 7 v. 7 unless team managers agree to modify due to numbers (i.e. 6 v 6, 8 v 8, etc.)
- b) **Tackles:** No slide tackles are allowed.
- c) **Goalies:** Goalies will not kick the ball past midline. Ball must be touched by the ground or a player.
- d) **Penalty, Goal and Cornerkicks:** Goal kicks will be taken from anywhere on the touch line inside the penalty area. FIFA rules will apply for penalty and corner kicks.
- e) **Offsides:** Offside rules are in effect.
- f) **Substitutions:** An unlimited number of substitutions may be made at any time dead ball during the game.
- g) **Coed Rule:** A minus 1 rule will be used for females (i.e. if both teams have 3 females who are present at the game, at least 2 from each team must be on the field at all times. If 2 females who show, at least 1 must be on the field at all times, etc.) Each team shall have at least the same number of females or more on the field at the same time.

11. **PROTESTS:** Protests must be submitted to Recreation office no later than 24 hours after alleged violation (except Saturday games, which must be submitted Monday). Protests must be in writing and accompanied by a \$25.00 protest fee that will be returned if the protest is upheld, but forfeited if not allowed. The head referee must be notified sometime during play, the rest of the game is being played under protest. Eligibility protests may be filed any time up to 24 hours after completion of the final league game. No protest will be allowed on judgment calls.

12. **GRIEVANCES:** All protests, grievances, rule interpretations and issues must be submitted in writing to the Athletic Supervisor (Judgment calls are not to be construed as a rule interpretation). Judgment calls during a game or any action of disciplinary nature taken by an official will be supported by the Athletic Supervisor.

13. **CONDUCT:** All players, coaches, managers, spectators and staff are expected to display good sportsmanship and conduct at all times. Examples of unsportsmanlike conduct include, but not limited to:
- a) Use of profane language directed towards any staff member, official, player and/or spectator
 - b) Arguing, bickering, heckling or excessive display of emotion towards an official or staff;
 - c) Making unnecessary gestures toward game participants, officials or spectators;
 - d) Throwing equipment; resorting to unnecessary roughness on the playing field.
14. **SALINA PARKS & RECREATION DISCIPLINARY PROCEDURES: Coach, Player or Spectator**
- a) **Ejections:** Depending on the severity, staff or the referee have the right to issue a warning or ejection.
 - 1) Once a coach, adult player or spectator has been ejected from the game, he or she has 2 minutes to leave the facility (sight and sound) or the police will be called. Failure to comply will result in the game being declared a forfeit.
 - 2) Once a youth player has been ejected from the game, he shall be restricted to the bench with coach supervision or released to a parent/guardian.
 - b) **1st Ejection:** Results in a one (1) week suspension from the date of the incident from playing or coaching any SPRD sponsored team, league or tournament in which the individual is a member (adult and/youth). The suspension can carry over into the 1st week of the following playing session/season.
 - c) **2nd Ejection:** Results in a two (2) week suspension from the date of the incident from playing or coaching any SPRD sponsored team, league or tournament in which the individual is a member (adult and/or youth). In addition, the individual may not spectate at such facility/event during the suspension. The suspension can carry over into the first two weeks of the following playing session/season. The individual will be required to meet with SPRD disciplinary review committee prior to reinstatement.
 - d) **3rd Ejection:** Results in a one (1) year suspension from the date of the incident from playing or coaching any SPRD sponsored team, league, tournament and/or event (adult and/or youth). In addition, the individual may not spectate at such facility/event during the suspension. The individual will be required to meet a SPRD disciplinary review committee prior to reinstatement.
 - e) Depending on the severity of the offense(s), individuals may be subject to additional sanctions and/or permanently banned from any and all Recreation Department activities.
15. **BANNED SUBSTANCES:** Smoking or the use of tobacco products are prohibited in the fields, sidelines, bleachers or immediate vicinity of the playing area. Consumption of alcohol at any recreational soccer activity (game, practice or team function) is strictly prohibited.
16. **LAW VIOLATIONS:** Violations of any law (battery, assaulting a referee or SP&R representative, possession of illegal substances including consumption of alcohol by minors, disorderly conduct, damage to property, etc.) by players, coaches, managers, or spectators during practices, league games and/or tournaments will result in immediate removal from the facility and will be prosecuted to the fullest extent through all legal channels.
17. **INCLEMENT WEATHER:** Any games postponed or canceled due to inclement weather will be received by text/e-mail by subscribing to RecZone at www.salina-ks.gov/parksandrecreation. Coaches, players, spectators and staff shall follow weather policies/procedures established by the Salina Parks & Recreation.
18. **FIFA LEAGUE STANDINGS & TIE-BREAKER PROCEDURE:**
The procedure for determining league standings are: Wins – 3 points, Ties – 1 point, Losses – 0 points. If teams are still tied after points:
- a) Head-to-head league games
 - b) Total wins in league games
 - c) Goal difference in league games