

Registration for Youth Programs is explained on pages 4 & 5. More information on specific class requirements is included in each description. All classes will be taught by qualified instructors. Participants will meet once a week unless stated otherwise. Most classes are scheduled to start the week of June 1. Youth up to and including high school students (when indicated) may participate in youth classes. Minimum age requirements will be strictly enforced.

Cheerleading Clinic

Back by popular demand, the Parks & Recreation Department is offering a cheerleading clinic for young girls again this summer. They will be taught the basic skills of cheerleading. Throughout the course of the clinic, the girls will learn things such as: motion technique, jump, different cheers, basic stunts, basic tumbling skills, and different stretching techniques. Beginners and Advanced students are welcome to attend both sessions. *(This group will perform at the 4th of July Play Day In The Park in Oakdale Park.)* The class is held at Dance Elite, 146 S. Santa Fe. Instructor: Megan Robl Fee: \$20.00

Class Limit: 15 per class

Session 1: June 1-June 25

Ages 5-7:	Monday & Wednesday	1:00-2:00pm	5102.101	OR	2:00-3:00pm	5102.102
Ages 8-12:	Tuesday & Thursday	1:00-2:00pm	5102.103	OR	2:00-3:00pm	5102.105
	Monday & Wednesday	3:00-4:00pm	5102.104			

Session 2: July 6-July 30

Ages 5-7:	Monday & Wednesday	1:00-2:00pm	5102.201	OR	2:00-3:00pm	5102.202
Ages 8-12:	Tuesday & Thursday	1:00-2:00pm	5102.203	OR	2:00-3:00pm	5102.205
	Monday & Wednesday	3:00-4:00pm	5102.204			

Dance Lessons

Learn basic steps in ballet, tap, and jazz at our summer classes for youth ages 4-15. Our dance lessons provide an introduction to new skills and an opportunity to acquire grace and confidence. Students will have a recital at the end of the classes. Classes will meet from June 1-July 30. No classes held the week of June 29-July 2. Classes will be held at Dance Elite, 146 S. Santa Fe. Instructor: Megan Robl Fee: \$20.00.

Class Limits: Ages 4-6 - 10 per class; Ages 7-15 - 15 per class

MONDAY

Ages 4-6:	Ballet/Tap 9-10:00am	5202.101
Ages 7-9:	Ballet 10-10:45am	5202.102
	Tap 10:45-11:30am	5202.103
	Jazz 11:30am-12:15pm	5202.104

WEDNESDAY

Ages 4-6:	Ballet/Tap 9-10:00am	5202.109
Ages 13-15:	Ballet 10-10:45am	5202.110
	Tap 10:45-11:30am	5202.111
	Jazz 11:30am-12:15pm	5202.112

TUESDAY

Ages 4-6:	Ballet/Tap 9-10:00am	5202.105
Ages 10-12:	Ballet 10:00-10:45am	5202.106
	Tap 10:45-11:30am	5202.107
	Jazz 11:30am-12:15pm	5202.108

THURSDAY

Ages 4-6:	Ballet/Tap 9-10:00am	5202.113
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FRIDAY

(reserved for practice)

Kid Guard Karate

Hey Kids, welcome to Kid Guard Karate! Children will learn self-defense, martial arts, athletic development skills, and much more. Kid Guard helps children develop values that create a sound mind, and how to solve problems with words rather than fists. Sign up now for one of the Beginner Classes held on Monday or Tuesday. Instructor: Rachael Weber, 785-577-4042.

Session I: June 1-29
Monday, 4:00-4:45pm **5502.116** OR Wednesday, 4:00-4:45pm **5502.117**
OR Saturday, 9:00-9:45am **5502.120**

Session II: July 1-29
Monday, 4:00-4:45pm **5502.206** OR Wednesday, 4:00-4:45pm **5502.207**
OR Saturday, 9:00-9:45am **5502.210**

Session III: August 1-31
Monday, 4:00-4:45pm **5502.301** OR Wednesday, 4:00-4:45pm **5502.302**
OR Saturday, 9:00-9:45am **5502.303**

Age: 5-12
Where: Premier Martial Arts, 115 N. Santa Fe
Fee: \$30.00
Class Size: Minimum 12 / Maximum 30

“Just Hit It” Tennis Academy

The Parks & Recreation Department is joining together with local camp directors Bob Warkentine and David Stueve again this summer to offer an instructional tennis program for youth ages 5-14. Instructional tennis will focus on introducing basic tennis skills and fundamentals for beginner and intermediate players. The program will be broken down into two skill levels providing quality instruction for each level. This 6-week program will offer camp sessions meeting twice a week on either Monday & Wednesday OR Tuesday & Thursday. Participants are asked to sign up by ability first, then age, with younger players encouraged to take the earlier times.

Dates: June 1-July 23 (No classes June 8-11 and June 29-July 2)

Schedule:

Beginners: Tuesday & Thursday 8:00-8:50am **5702.101** OR 9:00-9:50am **5702.102** OR 10:00-10:50am **5702.103**

Beginner/Intermediate: Monday & Wednesday 8:00-8:50am **5702.106**

Intermediate/Advanced: Monday & Wednesday 9:00-9:50am **5702.104** OR 10:00-10:50am **5702.105**

Location: Ken Nordboe Tennis Facility, Oakdale Park

Fee: \$20.00 (includes T-shirt along with weekly refreshments and camp prizes. Balls are provided along with a limited number of tennis rackets for students who don't have their own.)

Camp Directors: Bob Warkentine: Former Salina South High School Boys Tennis Coach
David Stueve: Salina South High School Boys Tennis Coach
Additional instructional staff made up of former/current high school and college players. Our goal is to maintain a student/instructor ratio of 8 to 1.

Baton Twirling

This is a pro-active program for those who like to do more than just attend class in the summer. In addition to learning basic baton skills, the students learn routines to be performed at area parades, 4th of July Play Day in the Park, and a recital. Inexpensive costumes are available for these performances. Long-time coach and head instructor Linda Staven was a four-year feature twirler with the Fort Hays State University Tiger Marching Band. She has coached many individual students and groups who have won state and national honors. Classes are for ages 3-18.

Location: Heusner Elementary School, 1300 Norton.

Dates: June 1-July 30

Fee: \$20.00

Ages 3-4: Monday, 11:00-11:45am **5302.101** OR Tuesday, 1:00-1:45pm **5302.102**

Ages 5-6: Tuesday, 12:00-1:00pm **5302.103** OR Thursday, 11:00-12:00pm **5302.104**

Ages 7-8: Monday, 10:00-11:00am **5302.105**

Ages 9-10: Thursday, 10:00-11:00am **5302.107**

Ages 11 & Up: Wednesday, 9:00-10:00am **5302.108**

Intermediate: Wednesday, 10:00-11:00am **5302.109**

Advanced: Wednesday, 11:00-12:00pm **5302.106**

Note: Intermediate and Advanced Class should be by coaches approval to enroll at that level.

Premier Martial Arts Camps

Sign up now for one of the Fridays All Day camps that will emphasize all aspects of the art of Karate. Children will learn self defense, martial arts, athletic development skills and much more. Parents must provide snacks and lunch. Students must bring tennis shoes and water bottle with their name on it. The instructor is Rachael Weber at 785-577-4042. Included in the cost is a t-shirt for the first time camper.

When: Friday, May 22	Karate	5501.311	Friday, July 10	XMA	5502.215
Friday, May 29	Jujitsu	5501.312	Friday, July 17	MMA	5502.216
Friday, June 5	Grappling	5502.125	Friday, July 24	Sparring	5502.217
Friday, June 12	Taekwondo	5502.126	Friday, August 7	Kamas	5502.308
Friday, June 26	Sword	5502.127	Friday, August 14	Nunchuka	5502.309

Time: 7:30am-5:30pm

Cost: \$30.00

Where: Premier Martial Arts, 115 N. Santa Fe

Ages: 5-12 years of age

Class Size: Minimum 6/Maximum 20

Play in Clay

Come 'play in clay' with artist/instructor Helen Weaver and learn to create just about anything your imagination and time will allow. Two 4-week summer sessions will provide opportunities for youngsters ages 4 and up. Preschoolers will be making objects such as ornaments, wall plaques, and medallions. After pieces are fired, students will finish their items by decorating with markers and paints. Kindergarten age students and up (grade completed) will learn basic hand building techniques, beginning with the pinch pot and creative textures. Next they will learn to make two pieces of clay stay together letting their imaginations take over to make just about anything! (Students will make a piece one week and color glaze it the next week.) Students will take their pieces home when completed. Please enroll your child in the age appropriate class. If the child will miss the first class, don't sign up! Children must have completed Kindergarten to enroll in K-2 class.

Session 1:	June 1-June 25
Session 2:	July 6-July 30
Preschool (ages 4 & 5):	Monday & Wednesday 11:00am-12noon 1. 5402.101 / 2. 5402.201 <u>OR</u> Tuesday & Thursday 9:00-10:00am 1. 5402.102 / 2. 5402.202
Kindergarten - Grade 2:	Monday & Wednesday 1:30-3:00pm 1. 5402.103 / 2. 5402.203 <u>OR</u> Tuesday & Thursday 11:00am-12:30pm 1. 5402.104 / 2. 5402.204
Grades 3 & Up:	Monday & Wednesday 4:00-5:30pm 1. 5402.105 / 2. 5402.205 <u>OR</u> Tuesday & Thursday 1:30-3:00pm 1. 5402.106 / 2. 5402.206
Where:	Friendship Center, 746 Commanche
Fee:	\$20.00 (includes all materials & firings)
Class Limits:	Preschool: 8 per class / K & Up: 12 per class

Olympic Style Weightlifting

New this summer will be a weightlifting class for beginners. This class is for boys and girls ages 12-16 who would like to learn the art of weightlifting. Participants will learn safety in the weight room, how to lift, and how to improve athletic ability. In each session participants will work on speed strength, explosive strength, and absolute strength. Weightlifting helps increase heart strength, along with balance and coordination. Sign up now! There will be two 6-week sessions offered. The instructor is Dennis Espinosa who is a sanctioned USA weightlifting strength coach, certified trainer, and master USA weightlifter.

Dates:	June 15-July 25	5502.121
	July 27-September 5	5502.218
Days/Times:	Monday, Tuesday, Thursday, & Friday, 3:45-5:15pm	
Where:	Reps & Sets, 703 Bishop	
Ages:	12-16 years of age	
Limit:	8 participants	
Fee	\$95.00	

Introduction to Foil Fencing

The introduction to foil fencing class includes learning about the history of fencing, the equipment and rules, condition training, and basic fencing moves and techniques; equipment is provided. Fencing is a multifaceted sport, developing such physical qualities as dexterity, flexibility, coordination, endurance, spatial orientation, speed, and strength. It also develops intellectual abilities. The instructors are Anna Katkova, who is the current coach of the Kanza Fencing Club and John Miller. Anna previously coached the women's national team in Ukraine.

Dates:	June 1-June 24	5302.111
	July 20-August 12	5302.201
Days/Times:	Mondays & Wednesdays, 1:00-2:30pm	
Ages:	8-12 years of age	
Fee:	\$75.00	
Location:	Kanza Fencing Club, 135 E. Clafin	
Limit:	10 students	

Start Smart Baseball & Soccer

Salina Parks & Recreation and the Salina Area Youth Sportsmanship Initiative is offering a Start Smart program for girls and boys, 4-6 years old. Developed to properly introduce youngsters to baseball and soccer, Start Smart is an instructional program that prepares children for the world of organized sports without the threat of competition or the fear of getting hurt. Parents work together with their children in a supportive environment to learn all of the basic skills such as throwing, catching, kicking, and batting. Parent-Child groups perform motor skills tasks that gradually build confidence in children while they are having FUN at the same time. Parents need to be involved at each session. All classes will be held at Bill Burke Park. Fee: \$20.00

Baseball Program:

(Bill Burke Diamond #8)

Mondays: June 1-July 13 (No class June 29)

Boys & Girls - 6:00-7:00pm **5502.112**

Wednesdays: June 3-July 15 (No class July 1)

Boys & Girls - 6:00-7:00pm **5502.113**

Soccer Program:

(Bill Burke Soccer Field)

Mondays: June 1-July 13 (No class June 29)

Boys & Girls - 7:00-8:00pm **5502.114**

Wednesdays: June 3-July 15 (No class July 1)

Boys & Girls - 7:00-8:00pm **5502.115**

Money Madness Class

5502.208

The Salina Parks & Recreation Dept. and Waddell & Reed are teaming up to offer this class. How many times as a parent have you heard . . . "but all my friends have one" and "can I have \$5.00?" What can you do to help your child understand the value of money? This 4-week class for youth in grades 4-7 will introduce simple money issues for a better foundation as to what money is and how it works. Topics will include need vs. want, saving goals, budgeting, and a beginners look at the stock market. Get ready to help your children prepare for their future in this look into "money madness." Instructor Brandon Ebert is a financial advisor with Waddell & Reed and a former SP&R camp counselor. Classes meet at Waddell & Reed, 131 N. Santa Fe, Suite 1A.

Dates: Thursdays, June 11-July 9 (**No Class June 25th**)

Time: 2:00pm-3:00pm

Fee: \$20.00

Class Size: Minimum 6 / Maximum 15

Music Together

Everyone knows that a child's IQ level is set by the time they are in mid grade school. Not many know that a child's musical IQ is set at the same time. Music Together is a music and movement approach to early childhood music development. It is designed for infants, toddlers, preschoolers and most recently grade school children. Families and children will experience folk song, chants, movement activities and instrumental jam sessions in a relaxed and playful atmosphere. It will encourage children to develop their imaginations and musical aptitude while having fun with egg shakers, sticks, parachutes, and more. Marcella Crosby is a certified instructor and has taught Music Together for 6 years. She has an extensive theatre background, as well as being a music and acting teacher for years. Class meets each week for 6-weeks, 45 minutes per week. For more information call Marcella at 785-822-5001.

Session 1: Mondays, June 1-July 6
10:00-10:45am **5602.102**

Session 2: Fridays, June 26-July 31
10:00-10:45am **5602.104**

Ages: Birth-5 years old (with parent)

Where: Emmanuel Christian Center, 1325 E. Cloud

Fee: \$85.00 per child (this price includes 2cd's, a songbook and a parent guide with DVD)

Any child 8 months and under are free with a registered sibling.

Class Size: Minimum 6/Maximum 12

Beginning Sewing Camp...Sew your own pajama pants!

Want to learn to sew? Then this beginning sewing camp is what you are looking for. During this 3-day camp you will make a pair of Capri style elastic waist pajama pants. This class is for the beginner so instruction on parts and the use of a sewing machine, and practice time are included. Carol Duree is the instructor and the class is held at the Quilting Bee, 120 S. Santa Fe. Stop by the Quilting Bee to see a sample of what you will make. For more information you can call the Quilting Bee at 785-823-9376.

Dates: Tuesday-Thursday, June 23-25, 2009 **5002.124**
 Tuesday-Thursday, July 28-30, 2009 **5002.217**

Times: 10:00am-12:00pm

Ages: 10-14

Class Fee: \$40.00 plus \$40.00 kit that will be available during the first class and machines and other supplies will be provided.

Class Size: Minimum 2/Maximum 5

Beginning Sewing...Humbug Bag Class

Stitch up a quick fun tote bag that will carry all the little stuff like keys, coins, jewelry, lip gloss, and much more. This class is for the very beginner so instruction on parts and the use of a sewing machine, and practice time are part of this class. This class is held at the Quilting Bee, 120 S. Santa Fe with teacher Carol Duree. Stop by the Quilting Bee to see a sample of what you will make. For more information you can call the Quilting Bee at 785-823-9376.

Date: Tuesday, August 4, 2009

Times: 10:00am to 12noon **5002.125** OR 2:00pm to 4:00pm **5002.126**

Ages: 10-14

Class Fee: \$20.00 plus \$16.00 kit available at class time and machines and other supplies will be provided.

Class Size: Minimum 2/Maximum 5

Beginning Sewing...Pillowcase

You will be the envy of all your friends at your next sleepover when you bring the pillow case that you will learn to make in this class. This 2 hour class is for the very beginner. Instruction on parts and the use of a sewing machine, and practice time included plus we will make a fun pillowcase for your next slumber party. This class is held at the Quilting Bee with teacher Shawn Delker. Stop by the Quilting Bee to see a sample of what you will make. For more information you can call the Quilting Bee at 785-823-9376.

Date: Wednesday, June 17, 2009

Times: 10:00am-12:00pm **5002.218** OR 2:00pm-4:00pm **5002.219**

Ages: 10-14

Class Fee: \$20.00 plus \$12.00 kit available at class time at the Quilting Bee (machines and other supplies will be provided)

Class Size: Minimum 2/Maximum 5

Beginning Sewing Class...Smart Bag

Summertime will soon be here and you will need a new easy tote for your trips so make a fun simple bag in this sewing class. This class is for the very beginner so instruction on parts and the use of a sewing machine, and practice time are part of this class. This class is held at the Quilting Bee with teacher Carol Duree. Stop by the Quilting Bee, 120 S. Santa Fe to see a sample of what you will make. For more information you can call the Quilting Bee at 785-823-9376.

Date: Wednesday, July 22, 2009 **Times:** 10:00am-12:00pm **5002.220** OR
 2:00pm-4:00pm **5002.221**

Ages: 10-14

Class Fee: \$20.00 plus \$10.00 kit that will be available during class. Machines and other supplies provided.

Limit: Minimum 2/Maximum 5

Cookies for Dad

5002.110

Looking for the perfect gift for your dad? What dad doesn't love cookies? Create tasty treats to give to your dad for Father's Day. We'll be mixing, baking, decorating, and taste testing. Supplies will be furnished. Deadline to register is Friday, June 12.

When: Friday, June 19, 10:30am-noon
Where: Carver Center, 315 N. 2nd
Fee: \$10.00
Ages: 6-12 years of age
Class Size: Minimum 6/Maximum 15

Tiny Champs Karate

This program is for children 3-4 years old. They will learn basic martial arts while learning basic coordination drills. Instructor: Rachael Weber, 785-577-4042.

Session I:	Tuesdays, June 2-30, 2009, 4:00-4:30pm	5502.122
	Thursdays, June 4-25, 2009, 4:00-4:30pm	5502.123
	Saturdays, June 6-27, 2009, 11:00-11:00am	5502.124
Session II:	Tuesdays, July 7-28, 2009, 4:00-4:30pm	5502.212
	Thursdays, July 2-30, 2009, 4:00-4:30pm	5502.213
	Saturdays, July 11-25, 2009, 11:00-11:30am	5502.214
Session III:	Tuesdays, August 4-25, 2009, 4:00-4:30pm	5502.305
	Thursdays, August 6-27, 2009, 4:00-4:30pm	5502.306
	Saturdays, August 1-29, 2009, 11:00-11:30am	5502.307

Where: Premier Martial Arts, 115 N. Santa Fe
Fee: \$29.00
Class Size: Minimum 5/Maximum 10

Bal-A-Vis-X Preschool Program

5002.111

The class focuses on child and adult interaction using balance, auditory, vision exercises. Each child and parent would participate in a 45 minute one time a week session. Each session would incorporate partner activities that would help build balance, auditory and vision skills using balls and bean bags in addition to other equipment. This program takes the principles of Bal-A-Vis-X, which is used in many elementary schools around the country, and gears them to the preschool age child. At the completion of the 6 weeks each child/adult partner would receive a bag of some of the equipment that had been introduced during the program so they can continue the activities at home. The instructors are Ingrid Pohl and Elizabeth Caselman.

When: Fridays, June 5-July 17 (No Class July 3)
Time: 9:30-10:15am
Where: Dance Elite, 146 S. Santa Fe
Fee: \$40.00
Ages: 3-5 years of age
Limit: Minimum 3/Maximum 15