

The Parks & Recreation Department continues to offer a comprehensive gymnastics program to guide children in their development of gymnastics skills, as well as self-esteem, independence, and character building, while having fun and unique experiences in a positive atmosphere. All classes will be taught at the Memorial Hall Gym, 9th & Ash Streets (please use the NW door), under the direction of Gymnastics Supervisor, Sheena Torres. If there is not at least 4 kids registered, the class will be cancelled and we will try to place you in a different, but appropriate class. Class limit is 10 for all classes. You may be asked to show a receipt to the head instructor on the first day of class if you're not listed on the roster. Fees are for one class per week; additional class times may be taken with payment of additional fees. There is a week between sessions if there is a need for a make-up class. Please keep in mind that the gym will be hot during the summer so you need to dress children accordingly. Participants may bring a water bottle. No jean shorts please. It's up to supervisors discretion to move children from enrolled class to one that's more compatible to their skill level. Additional opportunities for advancing gymnasts are available through Lightning Bolts, Advanced Lightning Bolts, Pre-Team and X-Treme Team groups (testing or prior approval required for participating - contact Sheena Torres at 826-7447 for more information).

Our preschool program - Mini Stars and Stars - consists of four classes each session. Each week will focus on one of the four events: Vault, Bars, Beam, and Floor, with an award at the end of each session. These classes are designed to help youngsters develop an awareness of their bodies and how they work.

Cheerleading Class

This class is for tumbling only and is open to anyone who wants to learn tumbling skills. Two different class levels are offered. To be in the Advanced Class you must know how to do a back handspring. Minimum of 4 required to hold a class. **Fee: \$17.00**

Basic - Saturday, 12:00-1:00

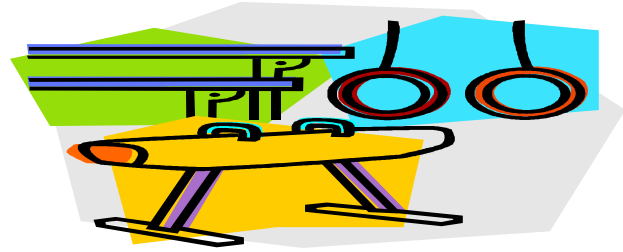
Sess. 1 **3802.101**/Sess. 2 **3802.201**

Advanced - Saturday, 1:00-2:30am

Sess. 1 **3802.102**/Sess. 2 **3802.202**

Technique I, Technique II & Pre X-Treme

These classes are offered to girls that have permission from their coach and are precursors to our X-Treme Competitive Team. The goal with these classes is to teach more advanced techniques and get your daughter ready for team. Technique I & II meets twice a week for one hour each and Pre X-Treme Team meets twice a week for 1 1/2 hours. Contact the Parks and Recreation office for further information. Both classes are \$15.00 per session. Pre X-Treme is \$17.00 per session



X-Treme Gymnastics Team

X-Treme Team offers girls of all ages and abilities to join the competitive team. You must have prior gymnastics experience or be tested to join the team. If you are interested, contact Sheena Torres at 826-7447.

Session I: June 2 - June 28 (4 weeks)				Session II: July 7 - August 2 (4 wks.)		
Mini-Stars - 18 months - 2 year olds Must be accompanied by an adult No other siblings allowed				Mini Stars - 2 & 3 year olds Must be accompanied by an adult No other siblings allowed		
Monday	9:00-9:30am	3002.101	\$8.00	Monday	9:00-9:30am	3002.201
Wednesday	10:45-11:15am	3002.103	\$8.00	Wednesday	10:45-11:15am	3002.203
Thursday	10:00-10:30am	3002.104	\$8.00	Thursday	10:00-10:30am	3002.204
Saturday	9:00-9:30am	3002.105	\$8.00	Saturday	9:00-9:30am	3002.205
Little-Stars - 3 & 4 year olds Without being accompanied by an adult				Little-Stars - 3 & 4 year olds Without being accompanied by an adult		
Monday	9:45-10:30am	3102.101	\$10.00	Monday	9:45-10:30am	3102.201
Wednesday	9:00-9:45am	3102.103	\$10.00	Wednesday	9:00-9:45am	3102.203
Thursday	10:45-11:30am	3102.104	\$10.00	Thursday	10:45-11:30am	3102.204
Saturday	9:45-10:30am	3102.105	\$10.00	Saturday	9:45-10:30am	3102.205
All-Stars ages 5 & 6				All-Stars ages 5 & 6		
Monday	10:30-11:20am	3202.101	\$12.00	Monday	10:30-11:20am	3202.201
Wednesday	9:45-10:35am	3202.102	\$12.00	Wednesday	9:45-10:35am	3202.202
Thursday	9:00-9:50am	3202.103	\$12.00	Thursday	9:00-9:50am	3202.203
Saturday	10:30-11:20am	3202.104	\$12.00	Saturday	10:30-11:20am	3202.204
Pre-Elites ages 7 & up who are beginners				Pre-Elites ages 7 & up who are beginners		
Monday	11:30am-12:30pm	3302.101	\$14.00	Monday	11:30am-12:30pm	3302.201
Wednesday	11:30am-1:00pm	3302.103	\$14.00	Wednesday	1:00am-2:00pm	3302.203
Thursday	12:30- 2:00am	3302.104	\$14.00	Thursday	11:30-12:30am	3302.204
Saturday	10:00-11:30am	3302.105	\$14.00	Saturday	9:00-10:00am	3302.205
Elites 7 & up who has passed Pre-Elites				Elites 7 & up who has passed Pre-Elites		
Monday	12:30am-2:00pm	3302.101	\$16.00	Monday	12:30am-2:00pm	3302.201
Wednesday	1:00am-2:00pm	3302.103	\$16.00	Wednesday	1:00am-2:00pm	3302.203
Thursday	11:30-12:30am	3302.104	\$16.00	Thursday	11:30-12:30am	3302.204
Saturday	9:00-10:00am	3302.105	\$16.00	Saturday	9:00-10:00am	3302.205