

**S A L I N A**



**FIELDHOUSE**



## **Walking Distances:**

**3 Courts: 9 Laps = 1 Mile**

**2 Courts: 12 Laps = 1 Mile**

**1 Court: 17 Laps = 1 Mile**

## **Walking Direction:**

**M-W-F = Clockwise**

**T-Th = Counter Clockwise**